

# FOOD

## Sandwiches (build your own)

Half (one protein, one cheese)	2.50
Whole	4.95

## Salads (build your own)

Half (one protein, one cheese)	2.50
Whole	4.95

## Soup

Seasonal Daily Selections

8oz	2.50
12oz	3.00

Pizza	4.75
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pepperoni & olive  
or  
olives, peppers, tomato,  
onions upon request

Cheese Pizza	4.25
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## Sandwiches

Ciabatta Sandwich	4.50
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changes weekly, see special board

e.cafe Cheese Sandwich	(half/whole) 2.50/ 4.95
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wheat bread, mayo, mustard, cheddar cheese, onion,  
tomato, pickle, lettuce salt and pepper

Egg Salad	(half/whole) 2.50/ 4.95
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your choice of bread, fresh egg salad, cheddar cheese,  
lettuce, onions on request

Veggie Sandwich	2.50/ 4.95
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hummus, provolone, olives, pepperoncini, onion,  
bell pepper, tomato, cucumber and lettuce

Turkey Gobbler	(half/whole) 2.50/ 4.95
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your choice of bread, turkey, cream cheese, cranberries  
and lettuce

Grilled Cheese	3.00
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your choice of bread and cheese toasted to perfection

PB & J	(half/whole) 2.00/ 2.75
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your choice of bread, organic peanut butter and jelly

### ● BREAD

White  
Wheat  
Sourdough  
Nine Grain  
Rye  
Hazelnut

### ● CHEESE

Cheddar  
Swiss  
Pepper Jack  
Provolone

### ● PROTEIN

Turkey  
Salami  
Roast Beef  
Ham  
Tuna  
Hummus

### ● SPREADS

Mayonnaise  
Mustard  
Dijon  
Chipotle Mayo  
Bistro Sauce  
Vinaigrette  
Pesto Mayo  
Honey Mustard

### ● TOPPINGS

Lettuce  
Onions  
Cucumbers  
Pepperoncini  
Olives  
Tomatoes  
Bell Peppers

Bagel	1.00	Cream Cheese	.40
Whole Fruit	.75	Toast (2 slices)	.50
Peanut Butter	1.00	Veggies	.40

Basil Pesto	+ 1.00
Guacamole	+ 1.00
Extra Meat	+ 1.00
Bacon Bits	+ .75