Smoothies

ALOHA SURPRISE • POG, pineapple sherbert, bananas, strawberries, mango, and peaches

BANANA BERRY TREAT • orange juice, frozen yogurt, bananas, and strawberries

BERRY BLAST • apple juice, bananas, strawberries, blueberries, and raspberries

BERRY LEMONADE • lemonade, strawberries, and raspberries

ENERGIZER • orange juice, bananas, and strawberries with an energy boost

FUNKY MONKEY • nonfat milk, Hershey’s chocolate syrup, peanut butter, frozen yogurt, and bananas

GOIN’ GREEN • apple juice, mango, and spinach

INCREDIBLE HULK • vanilla soy, spinach, peanut butter, and bananas

ISLAND DREAM • POG juice, pineapple sherbert, peaches, and strawberries

JOY OF SOY • vanilla soy, plain yogurt, blueberries, and bananas

MANGO MADNESS • orange juice, pineapple sherbert, mango, bananas, and carrot

PB&J • apple juice, frozen yogurt, peanut butter, strawberries, and bananas

PEACH FLING • POG juice, frozen yogurt, peaches, and blueberries

RASPBERRY DREAM • apple juice, frozen yogurt, bananas, and raspberries

SUMMER SPLASH • lemonade, pineapple sherbert, mango, and strawberries

SMOOTHIE BOWLS 5.25

GOOD EATS BOWL • almond milk, blueberries, raspberries, bananas, and vanilla whey protein. topped with fresh banana, coconut chips, and chia seeds

GREEN BOWL • almond milk, bananas, mango, spinach, and vanilla whey protein. topped with blueberries, granola, and almonds

ADDITIONS

ONE FREE ADDITION WITH EACH SMOOTHIE

- calcium
- flax seed
- soy protein
- vitamins
- energy
- immune support

whey protein 1.50

Dixie Café
Be Good to Your Self

REGULAR HOURS:
MON - THU 7:00 AM - 10 PM
FRI 7:00 AM - 6:00 PM
SAT & SUN 11:00 AM - 8:00 PM

MU.OREGONSTATE.EDU/MURFS
**Wrap, Salads, Bowls**

**WRAPS** 5.75

- **FLOUR OR WHEAT TORTILLA**
- **BROWN OR JASMINE RICE**
- **BAJA** • chicken, rice, black beans, romaine lettuce, cheddar cheese, salsa, and sour cream
- **THAI** • chicken, rice, romaine lettuce, carrots, sunflower seeds, and spicy peanut sauce
- **CAESAR** • chicken, romaine lettuce, Parmesan, carrots, tomato, and caesar dressing
- **SOUTHWESTERN** • chicken, rice, black beans, romaine lettuce, cheddar cheese, sour cream, and southwest BBQ sauce
- **ASIAN** • chicken, cabbage, slaw, romaine lettuce, carrots, sliced almonds, and sesame vinaigrette
- **HUMMUS** • chicken, romaine lettuce, Parmesan, carrots, tomato, and hummus
- **TUNA** • homemade tuna salad, with romaine lettuce, and tomatoes
- **TURKEY CLUB** • turkey, bacon, tomato, romaine lettuce, Cheddar cheese, and ranch

**RICE BOWLS** 3.00

- **BROWN OR JASMINE RICE**
- **WITH CHOICE OF SAUCE**
- **SAUCE**
  - southwest BBQ
  - spicy peanut
  - teriyaki
- **ADD**
  - chicken / shredded pork • 1.50
  - guacamole • 1.00

**QUESADILLAS**

- **WITH WHEAT OR FLOUR TORTILLA**
- **CHICKEN** • 4.50
- **CHEESE** • 3.50
- **BREAKFAST QUESADILLA** • 5.25
- **eggs, black beans, peppers and cheese with side of salsa and guacamole**

**PANINIS**

- **ON WHITE OR WHEAT BREAD**
- **PEANUT BUTTER & JELLY** • 3.95
- **GRILLED CHEESE** • 3.95
- **TURKEY PESTO** • 5.95
  - with tomatoes & provolone
- **HAM & CHEDDAR** • 5.95
  - with honey mustard
- **TUNA MELT** • 5.95
  - with cheddar cheese

**Breakfast**

**WRAPS** 4.95

- **WITH 2 EGGS AND CHEESE IN A FLOUR OR WHEAT TORTILLA**
- **DENVER** • ham and diced red and green peppers
- **VEGETARIAN** • spinach, mushroom and tomato
- **FLORENTINE** • spinach, mushroom and bacon
- **POTATO-BACON**

**BREAKFAST BAGELS** 4.25

- **FLOUR OR WHEAT TORTILLA**
- **BROWN OR JASMINE RICE**
- **WITH WHEAT OR FLOUR TORTILLA**
- **CHICKEN** • 4.50
- **CHEESE** • 3.50

- **BREAKFAST QUESADILLA** • 5.25
- **eggs, black beans, peppers and cheese with side of salsa and guacamole**

**OATMEAL** 3.25

- **COLD BREW** 20 oz • 2.50

**HOT DRINKS** 12 oz • 1.80

- coffee, hot chocolate, chai, apple cider, or Stash Tea